



EuroBleedNet

" Pyruvate Kinase Deficiency Clinical management"

Speaker Dr.E.J. van Beers

internist-hematologist University Medical Centre Utrecht, University of Utrecht, ERN-EuroBloodNet subnetwork: Red cells. Utrecht –the Netherlands 13 February 2020







Advisory board: Agios

Research support: Novartis, Bayer, Agios, Mechatronics, ZonMW.

Content contants personal opinion of the presenter







- ✓ 30-35min presentation (30 slides max) + 15 min Q&A session
- ✓ Microphones will be muted by host to avoid back noise
- ✓ Please, stop your video to improve internet conexion
- ✓ Send your questions during the presentation through the chat, they will be

gathered and answered after the presentations.





- 1. PK Deficiency shares the clinical picture with many other hereditary hemolytic anemia's
- 2. Many complications go unnoticed untill irriversible damage has been done
- 3. Screening for possible complications should be considered

(there is often treatment available)

4. This is also applicable for so called "mild" transfusion independent PK Deficiency

NO learing objectives:

- 1. Diagnosis of PK Deficiency
- 2. Specific Neonatological/Paediatric aspects of PK Deficiency







Outline

- 1. Disclosures/ Personal info
- 2. Introduction
- 3. Organ damage
- 4. When to transfuse
- 5. When to chelate
- 6. When to splenectomize
- 7. Stem cell transplantation
- 8. New treatment options:
 - 1. Mitapivat
 - 2. Gene therapy
- 9. Acknowledgements and Q&A









THE LANCET

Volume 380 · Number 9859 · Pages 2053-2260 · December 15, 2012-January 4, 2013

The Global Burden of Disease Study 2010

www.thelancet.com





Network Hematological Diseases (ERN EuroBloodNet)

Years lived with disability (YLDs) for 1160 sequelae of 289 diseases and injuries 1990–2010: a systematic analysis for the Global Burden of Disease Study 2010

Theo Vos, Abraham DFlaxman, Mohsen Naghavi, Rafael Lazano, Catherine Michaud, Majid Ezzati, Kenji Shibuya, Joshua A Salomon, Safa Abdala*, Victor A boyans*, Jerry Abraham*, Ilana Acker man*, Rakesh Aggarwal*, Stephanie Y Ahn*, Mohammed K Ali*, Miriam Alvarado*, H Ross Anderson*, Laurie M Anderson*, Kathryn G Andrews*, Charles Atkinson*, Larry M Baddour*, Adil N Bahalim*, Suzanne Barker-Collo*, Lope H Barrero*, David H Bartels*, Maria-Gloria Basáñez*, Amanda Baxter*, Michelle L Bell*, Emelia J Benjamin*, Detrick Bennett*, Eduardo Bernabé*, Kavi Bhall a*, Bishal Bhandari*, Boris Bikbov*, Aref Bin Abdulhak*, Gretchen Birbeck*, James A Black*, Hannah Blencowe*, Jed D Blore*, Fiona Blyth*, Ian Balliger*, Audrey Bonaventure*, Soufiane Baufous*, Rupert Baume*, Michel Boussinesg*, Tasanee Braithwaite*, Caral Brayne*, Lisa Bridgett*, Simon Brooker*, Peter Brooks*, Traolach S Brugha*, Claire Bryan-Hancock*, Chiara Bucello*, Rachelle Buchbinder*, Geoffrey Budde*, Christine M Budke*, Michael 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Marawska", Rintaro Mari", Michel e Murdoch", Michael K Mwaniki", Kovin Naidoo", M Nathan Nair", Luigi Naldi", KM Venkat Narayan", Paul K Nelson", Robert G Nelson", Michael CN evitt", Charles R Newton", Sandra Nolte", Paul Norman", Rosana Norman*, Martin O'Donnell*, Simon O'Hanlon*, Casey Olives*, Saad B Orner*, Katrina Ort blad*, Richard Osborne*, Donuk Ozgediz*, Andrew Page*, Bishnu Pahari*, Jeyaraj Durai Pandian*, Andrea Panazo Rivero*, Scatt B Patten*, Nei Pearce*, Rogelio Perez Padilla*, Fernando Perez-Ruiz*, Norberto Perico*, Konrad Pesudovs*, David Phillips*, Michael R Phillips*, Kelsey Pierce*, Sébastien Pion*, Guilher me V Polanazyk*, Suzanne Polinder*, CArden Pope III*, Svetlana Popova*, Esteban Porrini*, Farshad Pourmalek*, Martin Prince*, Rachel L Pullan*, Kapa D Ramaiah*, Dharani Ranganathan*, Hornie Razavi*, Mathilda Regan*, Jürgen T Rehm*, David B Rein*, Guiseppe Remuzzi*, Kathryn Richardson*, Frederick P Rivara*, Thomas Roberts*, Carolyn Robinson*, Felipe Rodriguez De 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Smith*, Nicolas J. C. Stapelberg*, Andrew Steer*, Timothy Steiner*, Wilma A. Stolk*, Lars Jacob Stovner*, Christopher Sudfeld*, Sana Syed*, Giorgio Tamburlini*, Mohammad Tavakkali*, Hugh R Taylor*, Jennifer A Taylor*, William J Taylor*, Bernadette Thomas*, W Murray Thomson*, George D Thurston*, Imad M Tleyjeh*, Marcello Tonelli*, Jeffrey A Towbin*, Thomas Truelsen*, Mikiadis K Tsilimbaris*, Clot ilde Ubeda*, Eduardo A Undurraga*, Marieke J van der Werf*, Jim van Os*, Monica SVavilala*, N Venketasubramanian*, Mengru Wang*, Werzhi Wang*, Kerrianne Watt*, David | Weatherdl*, Martin A Weinstock*, Robert Weintraub*, Marc G Weisskopf", Myrna M Weissman*, Richard A White*, Harvey Whiteford*, Steven T Wiersma*, James DWikinson*, Hywel C Williams*, Sean R M Williams*, Emma Witt*, Frederick Wolfe*, Anthony D Wooff*, Sarah Wulf*, Pon-Hsiu Yeh*, Anita K M Zaidi*, Zhi-Jie Zheng*, David Zonies*, Alan D Lopezt, Christopher J L Murrayt‡

Reference Network for rare or low prevalence complex diseases

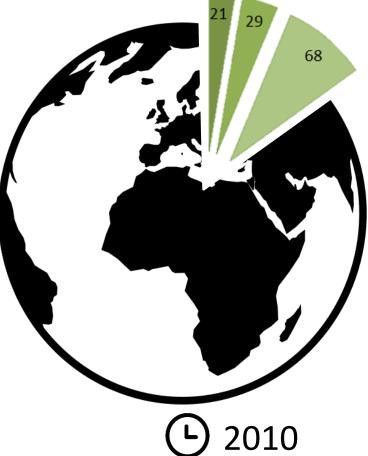
> ③ Network Hematological

European

Lancet, 15 dec 2012, 4 jan 2013 Diseases (ERN EuroBloodNet)



Years Lived with Disability (YLD) 29



6,916,000,000 772,000,000

- 21,000,000 dm 🖉
- copd
- 29,000,000

Thursdays Webinars

- anemia 68,000,000

European leference Jetwork for rare or low prevalence complex diseases

> ③ Network Hematological Diseases (ERN EuroBloodNet)

Lancet, 15 dec 2012, 4 jan 2013

Icons: C Shannon, J Cabesaz, A Coscovelnita, M Vanco.



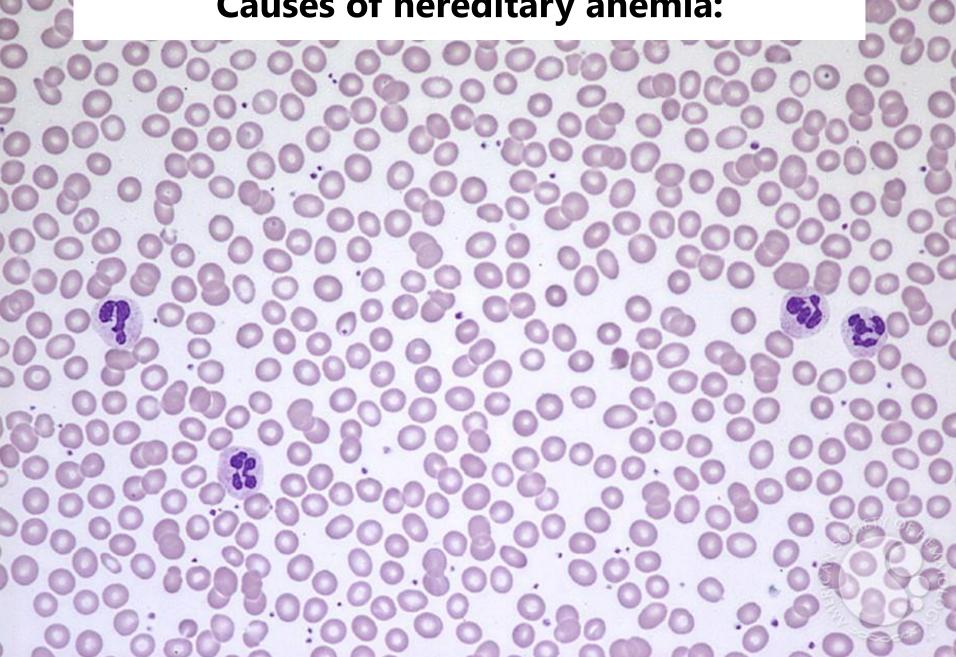
Global causes of anemia YLD:

	Sex	Cause	Global	AP HI	Eurp Western	Australasia	NA HI	Eurp Central	LA Southern	Eurp Eastern	Asia East	LA Iropical	LA Central	Asia SE	Asia Central	LA Andean	NA/ME	Caribbean	Asia South	Oreania		SSA Southern	SSA East SSA Central	SSA West)	ļ					
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Causes of hereditary anemia:



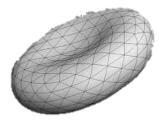
Causes of hereditary hemolytic anemia (HHA)



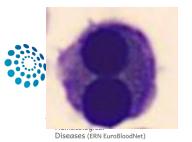
Hemoglobin disorder: Hemoglobinopathies Thalassemia's



Red cell enzyme disorders (non-sperocytic HHA): G6PD- Deficieny Pyruvate Kinase Deficieny



Red cell membrane disorders : Spherocytosis Stomatocytosis



Other:

Congenitale dyserythropoietic anemia's (CDA) <u>Thursdays Webinars</u>

Enzymes of the red blood cell

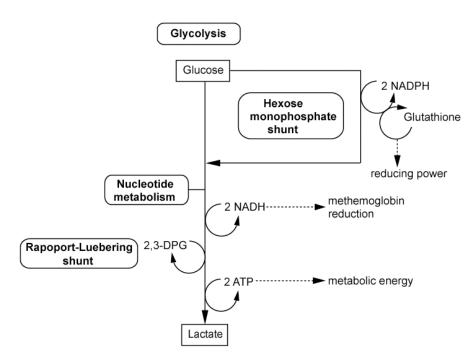


6-Phosphogluconate dehydrogenase 6-Phosphogluconolactonase Acetylcholinesterase Adenine phophoribosyl transferase Adenosine deaminase Adenylate kinase Aldolase AMP deaminase Bisphosphoglycerate mutase Carbonic anhydrase I Carbonic anhydrase II Catalase Cytochrome b5 reductase δ-ALA dehydrase Enolase Galactokinase Galactose-1-P-uridyltransferase γ -Glutamylcysteine synthetase Glucose phosphate isomerase

Glucose-6-phosphate dehydrogenase Gluthathione peroxidase Gluthathione reductase Glutathione synthetase Glutathione-S-transferase Glyceraldehyde 3-phosphate dehydrogenase Glyoxalase I Hexokinase Hypoxanthine-guanine phosphoribosyl transferase ITPase Lactate dehydrogenase NADPH diaphorase Phosphofructokinase Phosphoglucomutase Phosphoglycerate kinase Pyrimidine-5'-nucleotidase Pyruvate kinase Triosephosphate isomerase Uroporphyrinogen 1 synthase

Pyruvate kinase (PK)





- Key enzyme of glycolysis: sole source of energy for the red blood cell
- Catalyses the irreversible phosphoryl group transfer from phosphoenolpyruvate to ADP

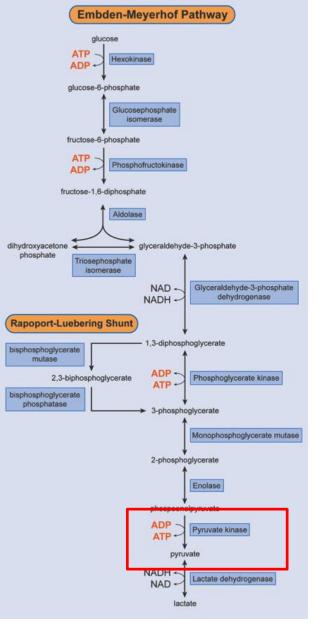


O Network

Hematological Diseases (ERN EuroBloodNet)

pyruvate + ATP

van Wijk. Blood (2005) courtesy Richard van Wijk : R.vanWijk@umcutrecht.nl



RARE DISEASES **BIG IMPACT**



IN TOTAL, RARE DISEASE IMPACT IN OAMERICANS

European Reference Vetwork for rare or low prevalence complex diseases

Source: National Institutes of Health

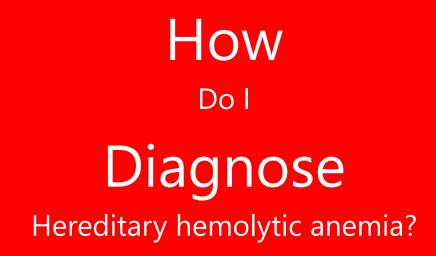
O Network Hematological Diseases (ERN EuroBloodNet)

The various forms of of Hereditary hemolytic anemia are rare.

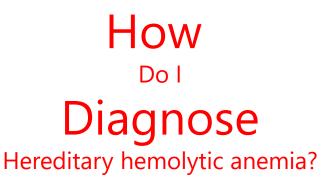
Hereditary hemolytic anemia

is

common.







5th March Eurobloodnet webinar:

Dr Paola Bianchi: Recommendations on pyruvate kinase deficiency

https://www.eurobloodnet.eu/education/webinars/8/recomme ndations-on-pyruvate-kinase-deficiency-diagnosis

PK-deficiency: R.vanWijk@umcutrecht.nl (free service)

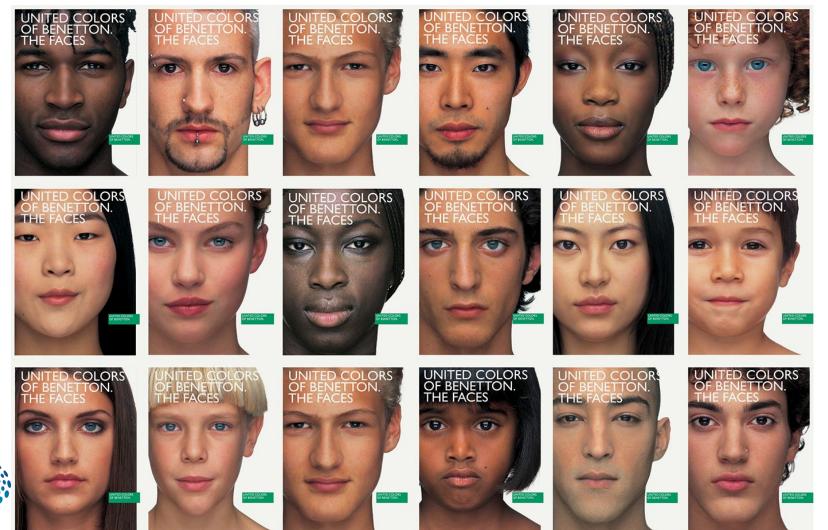


 Network Hematological Diseases (ERN EuroBloodNet)

Organ damage

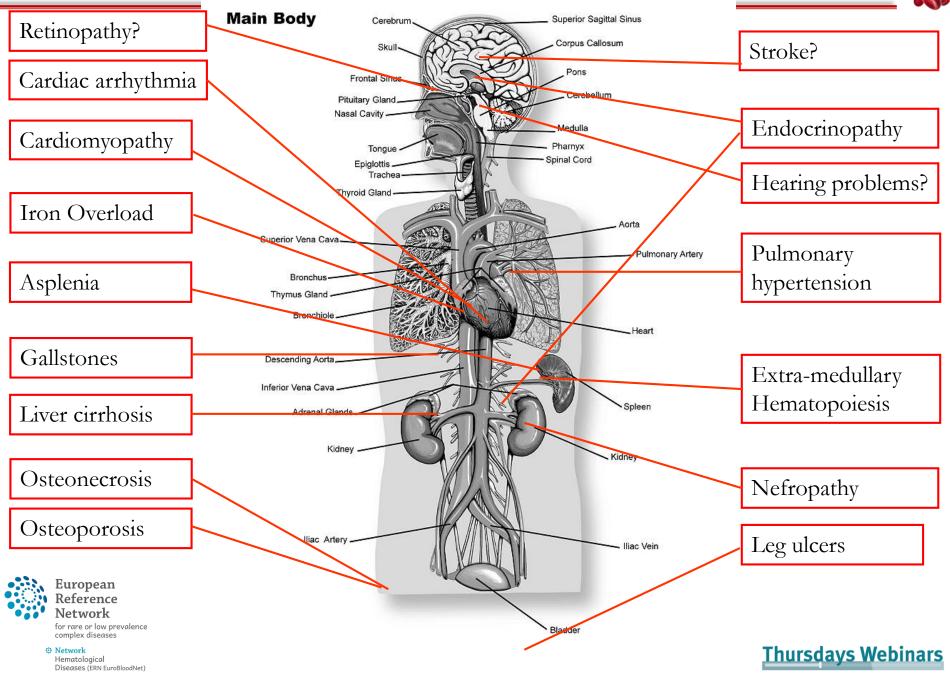
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Patients with the same genotype have different phenotypes



Hematological Diseases (ERN EuroBloodNet)

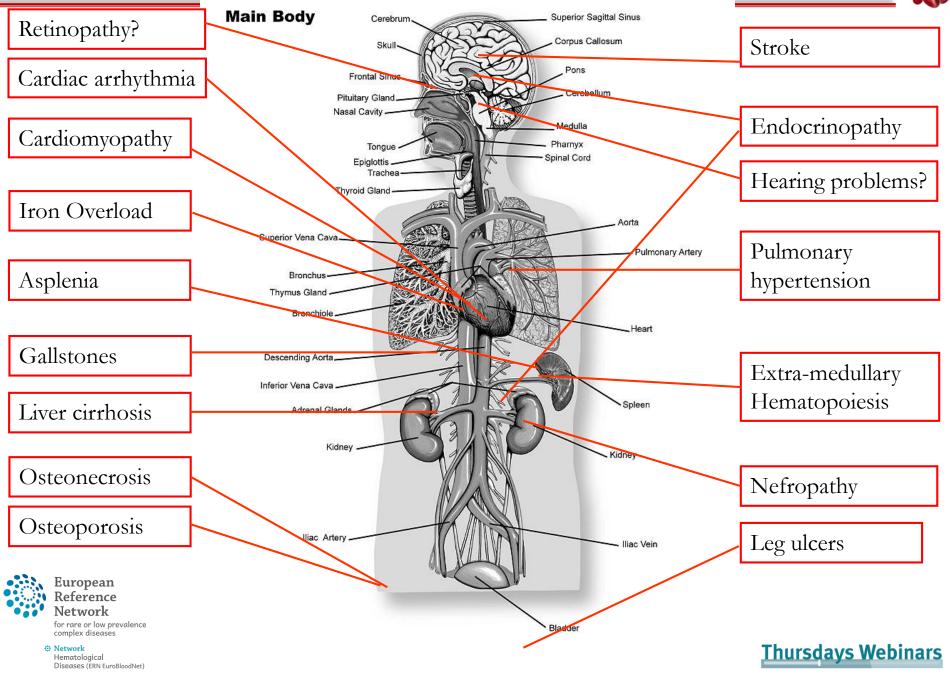






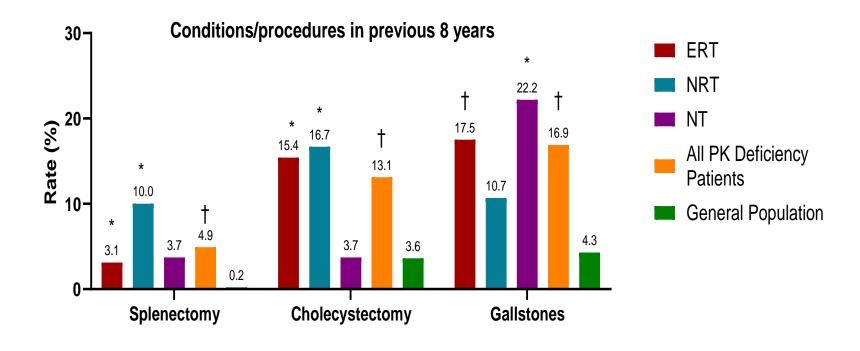
Do all patients with Hereditary anemia Share the same problems?





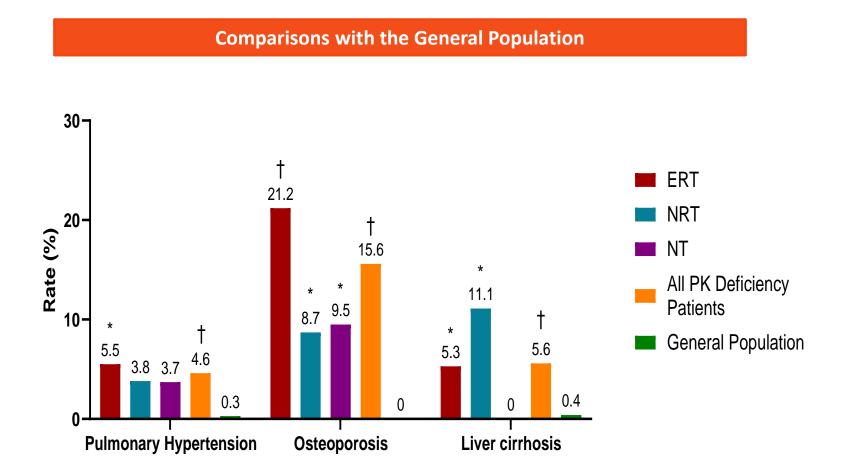
Adults with PK Deficiency Had Higher Rates of Splenectomy, Cholecystectomy and Gallstones Over the Previous 8 Years

Comparisons with the General Population



ERT: Ever Regularly Transfused; NRT: Never Regularly Transfused (but transfused at least once); NT: Never Transfused. All comparisons are based on 2-sided Fisher's exact test *p<0.05 for PK Deficiency NHS population versus matched general population; †p<0.001 for PK Deficiency NHS population versus matched general population

Adults with PK Deficiency had Higher Lifetime Rates of Pulmonary Hypertension, Osteoporosis and Liver Cirrhosis



ERT: Ever Regularly Transfused; NRT: Never Regularly Transfused (but transfused at least once); NT: Never Transfused. All comparisons are based on 2-sided Fisher's exact test *p<0.05 for PK Deficiency NHS population versus matched general population; †p<0.001 for PK Deficiency NHS population versus matched general population



	General population*	HNSHA [#] (screened for organ damage))	PK deficiency ^{##} (non-screened)
Ν	<u>n.a</u> .	30	254
Pulmonary hypertension**	3%	17%	3%
Thrombotic event	<1%	10%	11%
Iron overload (liver)	<1%	68%	48%
Microalbuminuria	7%	39%	<u>n.r</u> .
Renal failure	4%	3%	<u>n.r</u> .
Cholecystectomy	<1%	73%	40%
Osteoporosis	3%	15%	<u>n.r</u> .
Fractures	7%	0%	17%
Leg ulceration	<1%	7%	2%
Low testosterone	2%	14%	0%
Vitamin D deficiency	49%	50%	<u>n.r</u> .
IGF-1 deficiency	2%	43%	3%

n.r. not reported; IGF: insulin-like growth factor deficiency was defined as >-2 SD from healthy controls

* disease prevalence in the general Dutch population

** defined as tricuspid regurgitant jet flow velocity >2.5m/s by cardiac ultrasound.

#HNSHA: Hereditary Nonspherocytic Hemolytic Anemia. (23 PK deficiency, 4 G6PD deficiency, 2 HK deficiency, 1 GCL deficiency) Data cited from: Straaten et al Brit J Haematol 2019.

Data cited from: Grace et al. Blood 2018



Network Hematological Diseases (ERN EuroBloodNet)

Treatment of organ damage: examples and suggestions (use Eurobloodnet expertise):

- Microalbuminuria
- Osteoporosis
- Endocrine problems
- Iron overload
- Heart failure
- Leg Ulcers
- Vitamin and Zinc deficiency
- EMH

- ACE-inhibition
- Bisphosphonates
- Suppletion
- Chelation
- Blood transfusion, specific therapy

<u>Thursdavs Webinars</u>

- Topical nitroglyceride, transfusion
- Suppletion
- Blood transfusion

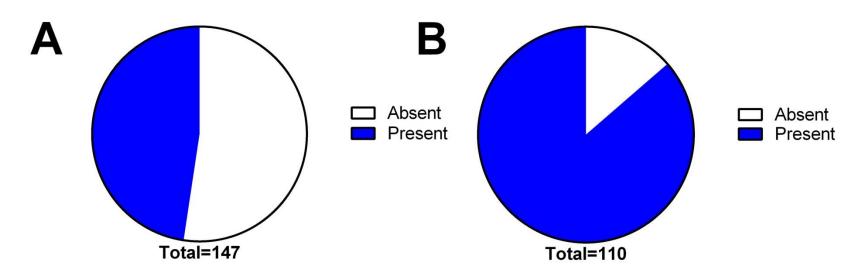


Organ damage in Hemolytic anemia including PKD is underdiagnosed and prevalent

How to recognise iron overload in your patients



Iron overload in Pyruvate kinase deficiency



A. Ferritin based

B. MRI based

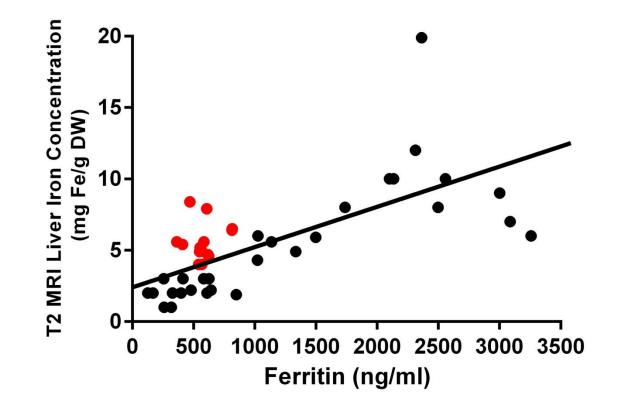


Network Hematological Diseases (ERN EuroBloodNet) van Beers et al. Haematologica 2019

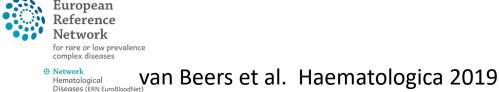




Ferritin versus LIC in PK Deficiency

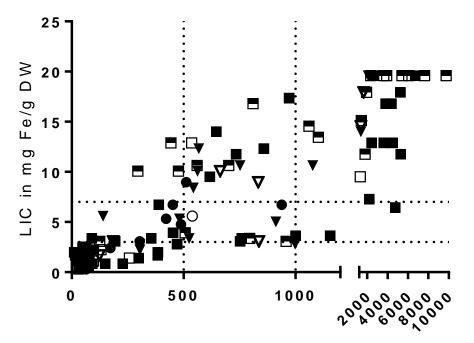


B. MRI based



UMC Utrecht Van Creveldkliniek

Ferritin versus LIC per disease category



plasma ferritin in ng/ml

Van Straaten et al. Am J Hematol 2019

Sickle cell disease

- B-thalassemia
- Other hemoglobin disorders
- Pyruvate kinase deficiency
- ▼ Other enzyme disorders
- Hereditary spherocytosis
- O Other membrane disorders



European Reference Network for rare or low prevalence complex diseases



Sensitivity of ferritin combined with transferrin saturation to predict iron overload.

Table 3: predictive value of ferritin, TSAT and LIC

	ferritin	≥1000	ferritin	≥500		ferritin ≥500 or TSAT≥45			
Total <i>N=112</i>	LIC≥3	LIC≥7	LIC≥3	LIC≥7	LIC≥3 <i>N=51</i>	LIC≥7			
Sensitivity	41%	58%	76%	92%	87%	100%			

"At a ferritin cut off of 500 ng/mL, the sensitivity for LIC >3 mg/g DW was 90% and the specificity was 67%"

PKD – NHS study:

"In patients with a transferrin saturation >45% or a ferritin >500 ng/ml, the sensitivity to predict LIC >3 mg/g DW was 92%"



Hematological Diseases (ERN EuroBloodNet) Van Straaten et al. Am J Hematol 2019 Van Beers et al. Haematologica 2019



Consider to diagnose iron overload by **MRI** in all with TSAT>45%

or

Ferritin > 500

When to Transfuse



<u>Thursdavs Webinars</u>

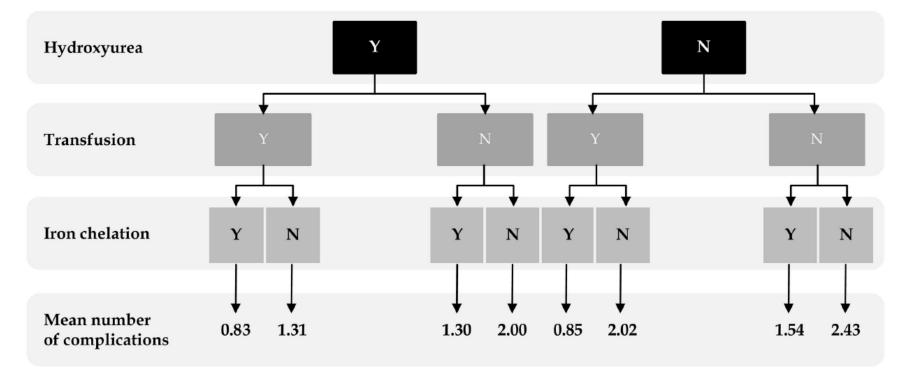
Considerations when to transfuse in PK deficiency

- Controversial topic
- Traditionally: very tolerant to anemia...
- But 2-3 dpg levels are comparable to SCD e.g.
- Aging patient with complications differs from younger patient without complications
- Depends on "needs" or "activity" of patient
- Good chelation is available; iron overload is not a major decision driver
- Antibody formation no major issue when extended matching is performed
- No specific target hemoglobin. (e.g. do not use Thalassemia targets)





Organ damage and treatment in thalassemia intermedia





Network Hematological Diseases (ERN EuroBloodNet) Taher et al. Blood 2010

Considering to transfuse is a personalized medicine shared decision When to Splenectomize

Consider splenectomy if patient is transfusion-dependent or severely anemic

Iolascon et al. Haematologica 2017

Stem cell transplantation in pyruvate kinase deficiency



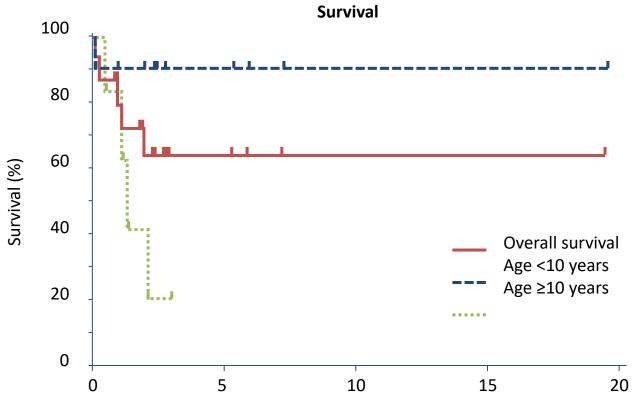
Results of stem cell transplantation in PK-deficiency

Survivor	Non-survivor	P value
7.5 – 3.0 (0.8-41)	17.4 – 15.2 (6-39)	0.036*
8/11 (73%)	0/5	0.026*
3/11 (27%)	4/5 (80%)	0.106
6.0 – 5.5 (4,5-7,9)	7.1 – 6.9 (6.0-8.1)	0.112
804 – 771 (206-1650)	2167 – 675 (596-7026)	0.432
6/11 (55%)	4/5 (80%)	0.588
		0.507
2/11 (18%)	0/5	
6/11 (55%)	3/5 (60%)	
2/11 (18%)	0/5	
1/11 (9%	2/5 (40%)	
		0.333
4/11 (36%)	4/5 (80%)	
5/11 (45%)	1/5 (20%)	
2/11 (18%)	0/5	
		0.015*
7/11 (64%)	0/5	
1/11 (9%)	0/5	
1/11 (9%)	0/5	
0/11	1/5 (20%)	
2/11 (18)	4/5 (80%	
	7.5 - 3.0 (0.8-41) 8/11 (73%) 3/11 (27%) 6.0 - 5.5 (4,5-7,9) 804 - 771 (206-1650) 6/11 (55%) 2/11 (18%) 6/11 (55%) 2/11 (18%) 1/11 (9%) 2/11 (18%) 7/11 (64%) 1/11 (9%) 1/11 (9%) 0/11	7.5 - 3.0 (0.8-41) $17.4 - 15.2 (6-39)$ $8/11 (73%)$ $0/5$ $3/11 (27%)$ $4/5 (80%)$ $6.0 - 5.5 (4, 5-7, 9)$ $7.1 - 6.9 (6.0-8.1)$ $804 - 771 (206-1650)$ $2167 - 675 (596-7026)$ $6/11 (55%)$ $4/5 (80%)$ $2/11 (18%)$ $0/5$ $6/11 (55%)$ $3/5 (60%)$ $2/11 (18%)$ $0/5$ $1/11 (9%)$ $2/5 (40%)$ $4/11 (36%)$ $4/5 (80%)$ $5/11 (45%)$ $1/5 (20%)$ $2/11 (18%)$ $0/5$ $1/11 (9%)$ $0/5$ $1/11 (9%)$ $0/5$ $1/11 (9%)$ $0/5$ $1/11 (9%)$ $0/5$ $1/11 (9%)$ $0/5$ $1/11 (9%)$ $0/5$



Network for rare Straaten et al. *Haematologica* 2018 M





Time at endpoint (years)





Stem cell transplantation can be curative treatment, in pyruvate kinase deficiency, but... New treatment options?



The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Safety and Efficacy of Mitapivat in Pyruvate Kinase Deficiency

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ABSTRACT

N ENGLJ MED 381;10 NEJM.ORG SEPTEMBER 5, 2019



Network
Hematological
Diseases (ERN EuroBloodNet)

Characteristic	Mitapivat, 50 mg Twice Daily (N=27)	Mitapivat, 300 mg Twice Daily (N=25)	All Patients (N=52)
Sex — no. (%)			
Female	9 (33)	11 (44)	20 (38)
Male	18 (67)	14 (56)	32 (62)
Median age (range) — yr	28 (18–58)	40 (20–61)	34 (18–61)
Race — no. (%)†			
White	22 (81)	21 (84)	43 (83)
Asian	2 (7)	1 (4)	3 (6)
Not reported	2 (7)	1 (4)	3 (6)
Other	1 (4)	2 (8)	3 (6)
PKLR mutation type — no. (%)			
Missense/missense	15 (56)	17 (68)	32 (62)
Missense/non-missense	6 (22)	4 (16)	10 (19)
Non-missense/non-missense	6 (22)	4 (16)	10 (19)
Median hemoglobin (range) — g/dl	9.6 (6.9–12.3)	8.6 (6.5–12.0)	8.9 (6.5–12.3)
Splenectomy — no. (%)‡	23 (85)	20 (80)	43 (83)
Cholecystectomy — no. (%)	19 (70)	19 (76)	38 (73)
Chelation therapy before enrollment — no. (%)	14 (52)	11 (44)	25 (48)
Median ferritin (range) — ng/ml	723 (41–3254)	775 (346–2518)	764 (41–3254)
Osteoporosis — no. (%)	5 (19)	3 (12)	8 (15)
Completion of 24-wk core period — no. (%)§	21 (78)	22 (88)	43 (83)

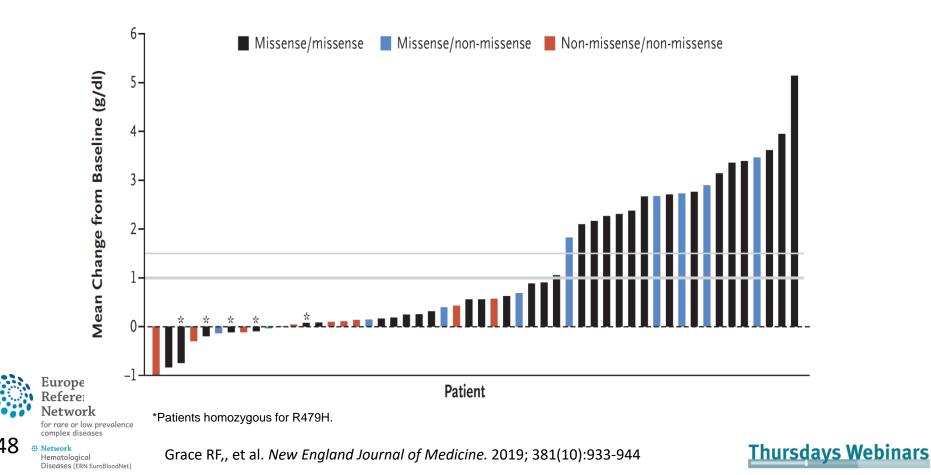


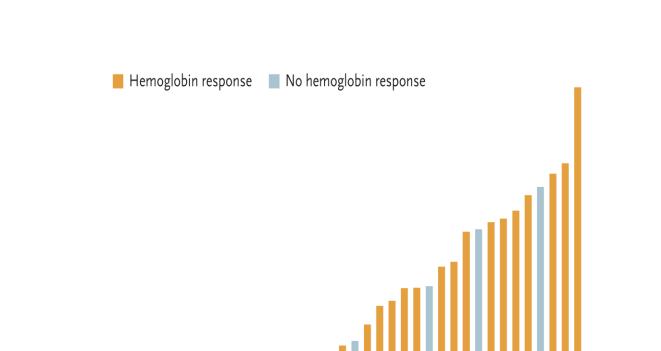
Network Hematological Diseases (ERN EuroBloodNet)

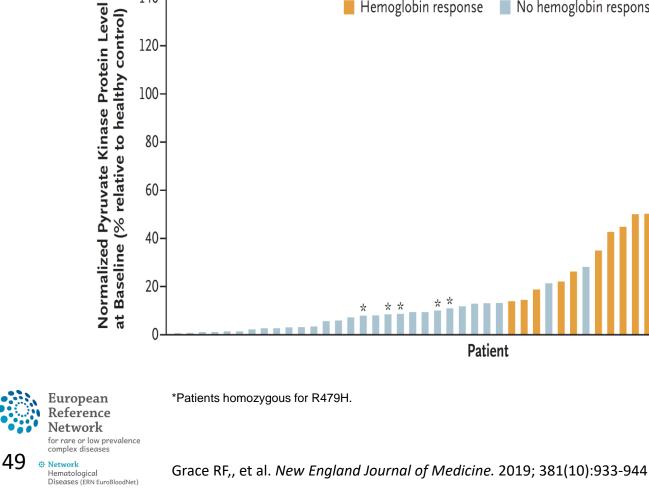
Grace RF,, et al. New England Journal of Medicine. 2019; 381(10):933-944



- 50% (26/52) of patients had an increase from baseline of more than 1.0 g/dL in Hemoglobin (Hb) level
 - Mean maximum increase in the Hb was 3.4 g/dL (range 1.1 5.8 g/dL)
 - Median time until first observed increase of >1.0 g/dL in Hb was 10 days (range 7 to 187 days)
 - All patients who had an average hemoglobin increase from baseline of >1.0 g/dL had at least one missense PKLR mutation







140-

120-

100-

80-

Gene therapy in pyruvate kinase deficiency

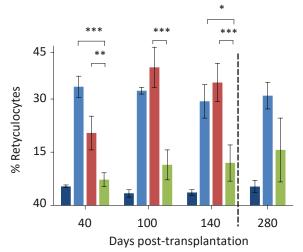
Courtesy: dr. J.C. Segovia jc.segovia@ciemat.es

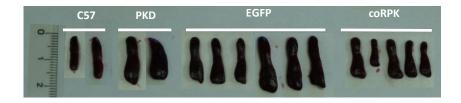
Efficacy of PK deficiency gene therapy in mouse model





- Improved hematological parameters:
 - Reb blood cell counts
 - Hemoglobin
 - Hematocrit
 - Retyculocytosis
 - Erythrocyte half-life
 - Erythropoietin levels
 - Erythroid differentiation





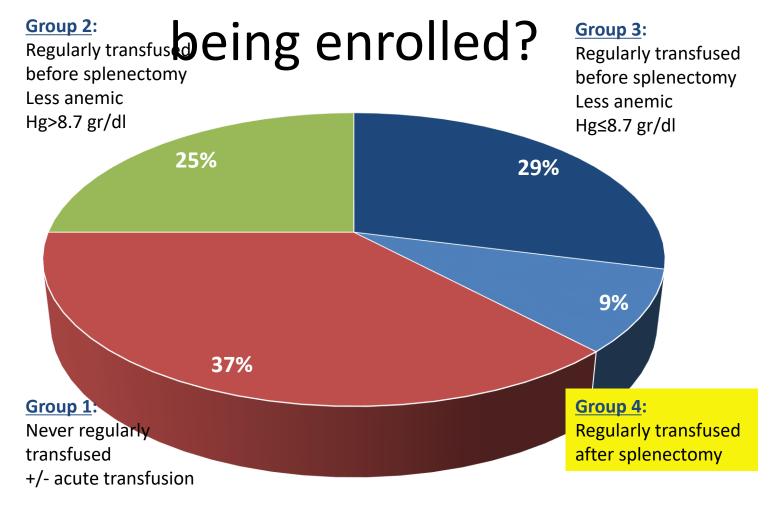
- Organs
 - Spleen
 - Liver
 - Iron deposits
 - Extramedullary hematopoiesis



 Network Hematological Diseases (ERN EuroBloodNet) Meza et al. Mol Ther 2009 Courtesy: dr. J.C. Segovia

jc.segovia@ciemat.es

Who are the patients eligible for

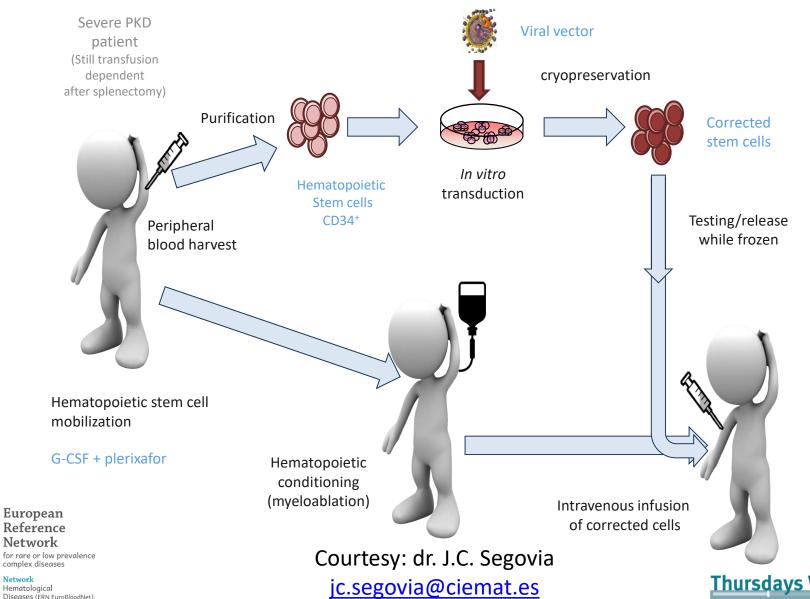




 Network Hematological Diseases (ERN EuroBloodNet) Courtesy: dr. J.C. Segovia jc.segovia@ciemat.es

Overview of the clinical protocol





Network

Diseases (ERN EuroBloodNet)



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- dr. Hanny Al-Samkari, Harvard, USA
- dr. J.C. Segovia Ciemat-Ciberer Madrid Spain
 - (Q&A gene therapy: jc.segovia@ciemat.es)

Questions: e.j.vanbeers-3@umcutrecht.nl



Network Hematological Diseases (ERN EuroBloodNet)



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Thursdays Webinars

- 1. PK Deficiency shares the clinical picture with many other hereditary hemolytic anemia's
- 2. Many complications go unnoticed untill irriversible damage has been done
- 3. Screening for possible complications should be considered

(there is often treatment available)

4. This is also applicable for so called "mild" transfusion independent PK Deficiency



Network Hematological Diseases (ERN EuroBloodNet)





 Network Hematological Diseases (ERN EuroBloodNet)





Supplemental slides



Network Hematological Diseases (ERN EuroBloodNet)







European Reference Network for rare or low prevalence complex diseases Network Min-Oo, G. et a

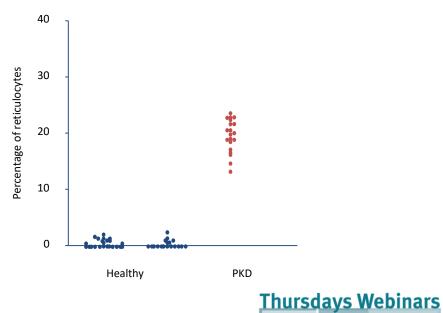
[©] Network Min-Oo, G. et al., *Nature Genetics* 2003 ^{Diseases (FRV EvroBiogNet)}

PKD

Anemia

Erythrocyte parameters	Mouse strain		
	Healthy mouse	PKD mouse	
RBC	10,5 x 10 ¹² /L	6,39 x 10 ¹² /L	
HGB	13,8 g/dL	9,7 g/dl	
НСТ	46,2%	38,9%	

Reticulocytosis







Orphan Drug Designation

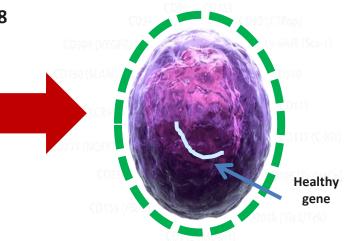


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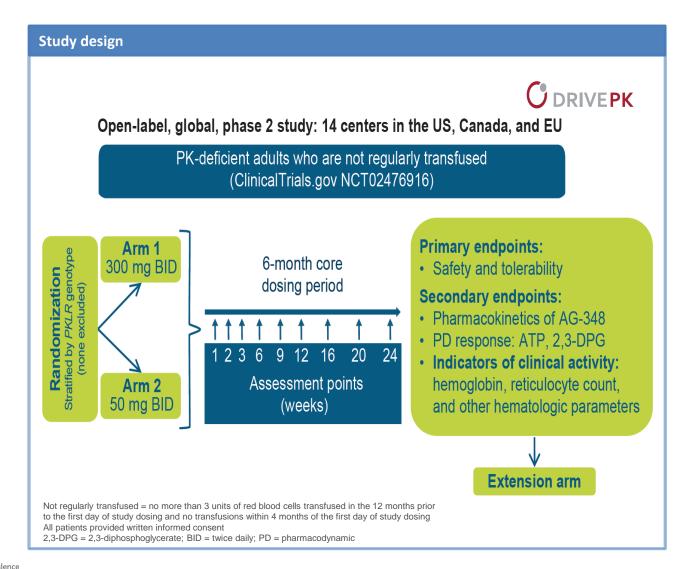
HEMATOPOIETIC STEM CELLS CORRECTED BY THE THERAPEUTIC VECTOR





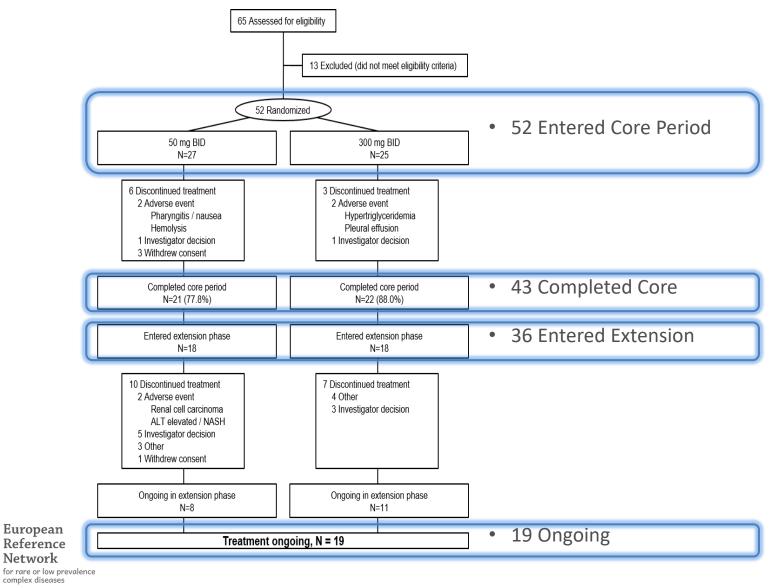
Network Hematological Diseases (ERN EuroBloodNet)

DRIVE PK: Phase 2, Open Label, Randomized Study of Safety and ^{**} Efficacy in Patients with PK Deficiency









61 Grace Revealed Rose, C, Layton DM, et al. Safety and Efficacy of Mitapivat in Pyruvate Kinase Deficiency. New England Journal of Medicine. 2019; 381(10):933-944 Diseases (ERN EuroBloodNet)





- The vast majority of AEs were:
 - CTCAE Grade 1 or 2
 - Non-serious events
 - Transient
 - Self-limiting
- No clinically meaningful trends in BMD (total hip, total lumbar spine, and femoral neck) were evident over median of 17 months
- Changes from baseline in sex hormone levels, the result of off-target aromatase inhibition, were observed in males, with most values of testosterone and estradiol remaining within the normal range
- Interpretation of sex hormone data in females was confounded by variability in menopausal status and hormonal contraception use, and is the subject of further investigation



Grace Research Representation of Medicine 2019; 381(10):933-944 Diseases (ENN EuroBloodNet)





• The most common adverse events were transient and generally resolved within 7 days for patients with headache (92%), insomnia (47%), and nausea (78%)

Incidence of Treatment-Emergent Adverse Events by Randomized Dose				
	Core Period			Core Period + Extension Phase
Most common adverse events occurring in \ge 15% of the overall population — no. of patients (%)	Mitapivat 50 mg Twice Daily N=27	Mitapivat 300 mg Twice Daily N=25	All Patients N=52	All Patients N=52
Headache	9 (33)	14 (56)	23 (44)*	24(46)
Insomnia	5 (19)	16 (64)	21 (40)†	22 (42)
Nausea	10 (37)	10 (40)	20 (38)	21 (40)
Nasopharyngitis	7 (26)	2 (8)	9 (17)	16 (31)
Hot flush	2 (7)	7 (28)	9 (17) [‡]	9 (17)
Arthralgia	5 (19)	3 (12)	8 (15)	9 (17)
Fatigue	4 (15)	4 (16)	8 (15)	9 (17)
Vomiting	2 (7)	5 (20)	7 (13)	9 (17)
Diarrhea	3 (11)	3 (12)	6 (12)	9 (17)
Influenza	6 (22)	1 (4)	7 (13)	9 (17)
Cough	4 (15)	4 (16)	8 (15)	8 (15)
Dizziness	5 (19)	2 (8)	7 (13)	8 (15)
Oropharyngeal pain	3 (11)	4 (16)	7 (13)	8 (15)
Pyrexia	1 (4)	5 (20)	6 (12)	8 (15)

•*Hackbergers transient and generally resolved within several days. [†]Insomnia typically occurred within 14 days of initiating mitapivat, was self-resolving (generally <7 days) and was not unexpected on the basis of off target antagonistic or inverse agonist activity against the histamine H3 receptor. [‡]Hot flush events were transient and generally reported within the first 7 days of treatment and resolved without treatment within 3 days. Events did not correspond to changes in hormone levels or correlate with age or sex. Tor rare or low prevalence

Grace Review Revealed Pose, C, Layton DM, et al. Safety and Efficacy of Mitapivat in Pyruvate Kinase Deficiency. New England Journal of Medicine. 2019; 381(10):933-944 Diseases (ERN EuroBloodNet)



complex diseases



Complication/parameter	RR	95% Cl	Р
ЕМН			
Age > 35 y	0.85	0.46-1.58	.610
Ferritin ≥ 1000 µg/L	0.85	0.51-1.44	.548
Splenectomy	0.44	0.26-0.73	.001*
Transfusion	0.06	0.03-0.09	< .001*
Hydroxyurea	0.52	0.30-0.91	.022*
PHT			
Age > 35 y	2.59	1.08-6.19	.032*
Splenectomy	4.11	1.99-8.47	< .001*
Transfusion	0.33	0.18-0.58	< .001*
Hydroxyurea	0.42	0.20-0.90	.025*
Iron chelation	0.53	0.29-0.95	.032*
HF			
Splenectomy	2.88	0.99-8.32	.051
Transfusion	0.06	0.02-0.17	< .001*
Hydroxyurea	1.84	0.98-3.47	.057
Iron chelation	0.45	0.18-1.12	.086
Thrombosis			
Age > 35 y	2.60	1.39-4.87	.003*
Female	1.27	0.74-2.19	.387
Hb ≥ 90 g/L	0.41	0.23-0.71	.001*
Ferritin ≥ 1000 μg/L	1.86	1.09-3.16	.023*
Splenectomy	6.59	3.09-14.05	< .001*
Transfusion	0.28	0.16-0.48	< .001*
Hydroxyurea	0.56	0.28-1.10	.090
Iron chelation	0.97	0.56-1.68	.912
Cholelithiasis			
Age > 35 y	2.76	1.56-4.87	< .001*
Female	1.96	1.18-3.25	.010"
Splenectomy	5.19	2.72-9.90	< .001*
Transfusion	0.36	0.21-0.62	< .001*
Hydroxyurea	0.55	0.29-1.02	.058
Iron chelation	0.30	0.18-0.51	< .001*

Table 4. Multivariate analysis for determinants of complication rate

